

Pure Pleasure Bulk Pack - Nutrition Information

Amount Per 100 g	Almond Carnival	Pistachi o Praline	Californi a Chocola te	Saffron Honey Dream	Kaju Gulkand	Shahi Mava Mithai	Fruitty Cherry	Pina Chips	Nutts N Berries	Cookies N Cream	Arabian Delight	Fresh Sitafal	Triple Chocolate	Choco Vanilla
Energy Kcal	239.8	248.57	240.0	242.0	230.0	231.0	199.0	248.57	170.0	223.72	220.0	249.0	220.0	197.0
Total Fat, g	11.0	10.5	11.0	12.0	10.5	11.6	10.5	10.5	10.5	10.5	10.4	10.8	11.2	10.5
Saturated Fat, g	8.5	7.51	7.6	7.5	6.7	7.3	7.30	7.30	7.9	6.2	6.5	7.3	7.0	6.3
Poly Unsaturated Fat ,g	0.5	0.60	0.6	1.0	0.4	0.4	0.30	0.6	0.5	0.5	0.4	0.4	0.4	0.4
Mono Unsaturated Fat ,g	2.5	2.39	4.20	4.4	3.1	3.1	2.6	2.1	2.9	2.8	3.1	3.0	2.7	2.7
Cholesterol, mg	17.0	18.73	17.0	17.0	17.0	0.044	21.0	18.73	22.5	24.5	39.0	0.044	0.042	17.0
Dietary Fiber, g	0.40	0.13	0.15	0.30	-	-	-	0.13	-	0.0	-	-	-	-
Carbohydrate, g	31.26	27.76	28.5	25.0	27.0	25.9	23.5	27.76	36.0	25.8	27.6	33.0	25.5	22.3
Added Sugar, g	24.0	18.69	18.5	16.0	19.1	16.7	18.0	18.69	18.0	18.0	14.4	16.0	-	18.0
Sodium, mg	56.0	76.76	60.0	70.0	-	-	-	76.76	-	33.5	-	-	-	-
Calcium, mg	175.0	144.0	113.0	110.0	175.0	175.0	118.0	114.0	175.0	110.0	130.0	175.0	-	175.0
Protein, g	3.94	3.5	3.5	4.5	3.5	5.60	3.50	3.5	3.5	3.5	4.0	3.5	-	3.5
Trans Fat ,g	0.0	0.0	0.0	0.0	0.0	-	0.0	0.6	-	0.0	-	-	-	-
Vitamin A micro, g	81.0	86.5	80.0	80.0	76.0	-	91.0	86.0	-	85.0	-	-	-	-